

Please  
join in  
the

# YMCA

# Sleepout 2020

## Friday 6<sup>th</sup> November

The YMCA Sleepout is adapting to social distancing

The Sleepout this year will be virtual!

Sleepout on your kitchen floor or in your garden

Sleepout by yourself, with family or with your pets.

If you want to take part please contact Margaret Collier ([margaret-collier@btinternet.com](mailto:margaret-collier@btinternet.com) or 07816162482) before Friday 23<sup>rd</sup> October.

Margaret will register the group with the YMCA and issue Sponsor Forms.

Sleepout to change lives

Sleepout to make a difference

Sleepout so others don't have to.